

Acceptable Sins

Day 1

Prayer: I Peter 1:15 "Lord, just as You are holy, help me to be holy in all I do."

Meditation: Read I Corinthians 1:2; 6:19-20. Write out verses 19 & 20.

Observation: How are believers described in I Corinthians 1:2? According to I Corinthians 6:19 & 20 to whom do we belong? Because we were bought at a price, how should we respond?

Application: What does it mean that we are sanctified? What does it mean that you are not your own? How can you honor God with your body today?

Prayer: Pray that God will help you continually remember that you are set apart for Him and that you are not your own. Thank Him for the price He paid for you.

Day 2

Prayer: Romans 5:8 "Lord, thank You for demonstrating Your love for me by dying for me while I was still a sinner."

Meditation: Read I Timothy 1:13-17. Write out verse 15.

Observation: In verse 13 how does Paul describe himself before he became a believer? What does he say made the difference in verse 14? How does he then describe himself in verses 15 & 16? Why did Christ come into the world? How is God described in verse 17?

Application: How would you describe your life before you accepted Christ as your Savior? How would you describe it now?

Prayer: Thank God for His mercy and grace and your salvation. Thank Him that He continues to save you from your sin.

Day 3

Prayer: I John 1:9 "Lord, thank You that if I confess my sins, You are faithful and just to forgive me of my sins and purify me from all unrighteousness."

Meditation: Read Ephesians 4:25-32. Write out verse 30.

Observation: List all the things believers are told to do in this passage.

Application: Of all the things you listed, which do you struggle with the most? How have you grieved the Holy Spirit?

Prayer: Confess to God the sins you are currently struggling with and how it grieves Him. Thank Him for His forgiveness.

Day 4

Prayer: Romans 8:5 "Lord, help me not live according to the sinful nature, but help me live in accordance with the Spirit and set my mind on what He desires."

Meditation: Read Galatians 5:16-26. If possible, read this passage again in the Message Bible.

Observation: Describe what living by the Spirit looks like. Describe what living by the sinful nature looks like.

Application: Which fruit of the Spirit listed in verses 22 & 23 would you say you are lacking? In what area of your life are you out of step with the Spirit? What can you do this week to get more in step with the Spirit?

Prayer: Ask God to be your strength as you choose to allow His Spirit to lead you.

Day 5

Prayer: Psalm 130:4 "Lord, thank You that with You there is forgiveness of sin; therefore I will fear You."

Meditation: Read Psalm 32:1-5. Write out verse 5.

Observation: Describe the person who is blessed. What happened to the psalmist when he did not confess his sin (see verses 3&4)? What was the result of his confessing his sins?

Application: Are you feeling like the psalmist did in verses 3 & 4 because you are holding onto a particular sin? Is there sin in your life you need to acknowledge and confess to God?

Prayer: Thank God that He covers over our sins and does not count them against us if we are honest with Him about them. Take time to be honest with God about any sin you are battling.