

Dealing with Sin

Day 1

Prayer: Psalm 119:133 “Lord, direct my footsteps according to Your Word and let no sin rule over me.”

Meditation: Read Romans 6:1-18. Read it again two more times.

Observation: According to verse 6, when we become a Christian what happens to our old self? What commands are given to believers in verses 11-13? What are we dead to and no longer a slave to (vs. 6, 11)? Who are we now a slave to? How is all this possible (vs. 17)?

Application: What sin are you allowing to reign in your life? Whatever sin you struggle with no longer has to master you. Instead, what should be your response to it according to verses 11-13? How can you offer yourself to God this week to be used as His instrument of righteousness?

Prayer: Thank God that through Christ's death and resurrection you can now live free from slavery to sin and are no longer controlled by it. Ask God to help you count yourself dead to sin.

Day 2

Prayer: II Corinthians 5:15 “Lord, help me no longer live for myself but for You who died for me and was raised again.”

Meditation: Read Romans 8:12-14. Write out verse 13.

Observation: What are we no longer obligated to? What happens to those who live according to the sinful nature? What happens to those who live by the Spirit?

Application: Practically, how can the misdeeds in your life be put to death? What steps do you need to take to allow the Spirit more control of your life?

Prayer: Ask God to show you how you can better live for Him.

Day 3

Prayer: Galatians 5:25 “Lord, since I now live by Your Spirit, help me keep in step with You and follow Your lead.”

Meditation: Read Galatians 5:16-18. Write out verse 16.

Observation: According to verse 16, as we live by the Spirit what will happen? Describe the conflict Paul wrote about in verse 17.

Application: What types of desires from your sinful nature do you tend to struggle with the most? How have you personally experienced the conflict mentioned in verse 17?

Prayer: Ask God to help you live by His Spirit and not gratify the desires of your sinful nature.

Day 4

Prayer: Exodus 34:6 “Lord, thank You that You are compassionate and gracious, slow to anger, abounding in love and faithfulness.”

Meditation: Read Colossians 2:13-15. Write out verse 13.

Observation: List all the things God has done for us. What condition were we in when He did all these things for us?

Application: What do you learn about God's love and power from these verses? How do these verses apply to our battle with the sinful nature?

Prayer: Praise God for all He has done for you, even while you were still a sinner.

Day 5

Prayer: Philippians 2:13 “Lord, thank You that You work in me to will and to act according to Your good purpose.”

Meditation: Read Hebrews 13:20-21. Write them out.

Observation: How is God described in these verses, and what has He done? How is Jesus described and what does He do?

Application: In your life right now how can knowing God as your peace and Jesus as your Shepherd help you? How can knowing that God will give you what you need for doing His will and that He will work in you what is pleasing to Him help you in your daily battle with sin?

Prayer: Let God know you desire to be a willing vessel for Him to work in and through.