

Saying No to Ungodliness

Day 1

Prayer: Psalm 139:23-24 “Lord, only You know my heart, only You know my thoughts, only You can test me and show me if there is any offensive way in me, I ask You to do that today.”

Meditation: Read Titus 2:11-15

Observation: According to the verses above how do we learn to say no to ungodliness?

Application: In light of the God's provision, why do Christians have difficulty saying no? Is there something God is showing you that you need to say no to?

Prayer: Ask God to help you trust His grace to teach you to say no to whatever He reveals to you today.

Day 2

Prayer: Psalms 31:14,15a “I trust in You, O Lord, I say, “You are my God”. My times are in Your Hands.”

Meditation: James 4:13-15

Observation: As we read over these verses what are the questions we are asked to consider?

Application: How might our plans look differently if we took God's advice? Is there any action you need to take to realign your life and depend on Him to direct your days?

Prayer: Talk to God about how you plan your days and whether or not they include Him. If you have been “boasting” as the verses suggest, ask for God's forgiveness and commit to living each day dependent on Him.

Day 3

Prayer: Colossians 1:9-10 “I ask You Lord to fill me with the knowledge of Your will, so my life might please you in every way.”

Meditation: Read Colossians 3:22-24. Write out verses 23 and 24.

Observation: Think about what we do in a typical day. As you go down that list of activities how might they be done in a way that brings glory to God? Go through the list again and contrast that with how they might be done in a way that pleases men.

Application: Considering the exercise above, would you say that what you do reflects one who is serving Christ? What changes do you need to make?

Prayer: Ask the Lord to help you focus all you do on pleasing Him.

Day 4

Prayer: Psalms 42:1-2, 63:1 "God let me be thirsty for You. Let nothing else quench the desire You placed within me to know You."

Meditation: Read Psalms 27:4 then copy it on a card. Carry it with you and read it often until it comes to you easily.

Observation: What action words does the writer use in these passages? What do they suggest about our responsibility to grow deeper in our relationship with God? It has been said, "what we behold forms us" how does this apply to Ps 27:4?

Application: Ask yourself these questions, am I truly thirst for God? Is He actively on my mind throughout the day? What am I focusing on and how is that shaping me?

Prayer: Thank God for His Spirit who will remind you of the verses you are learning and enable you to grow in Him.

Day 5

Prayer: II Peter 1:3 "You have given me everything I need for life and godliness through my knowledge of You. Let me depend on You to grow in godliness and seek to know You - above all else."

Meditation: I Timothy 4:7-8

Observation: Note the comparison between physical and spiritual training. The Message says it like this, "Exercise daily in God no spiritual flabbiness, please! Workouts in the gym are useful, but a disciplined life in God is far more so, making you fit both today and forever." Think about what causes "flabbiness" in our physical bodies and how we may allow ourselves to become "flabby" in our walk with God.

Application: What does Paul exhort believers to do to be "fit" spiritually? What are you doing daily to exercise or train yourself to be godly?

Prayer: Talk to God about your spiritual "condition". Trust Him to forgive you in areas where you are "out of shape." Commit your training to Him.