

Rejection

Day 1

Prayer: Psalm 66:20 "I will praise You, Lord, because You have not rejected my prayer or withheld Your love from me!"

Meditation: Read Isaiah 53:1-6. Write out verse 3.

Observation: How is Jesus described in these verses? What did He do for us? How are we described and what has each of us done (v.6)?

Application: How can knowing Jesus experienced rejection help you in dealing with being rejected by others?

Prayer: Ask God to forgive you for the times you have gone astray and rejected Christ.

Day 2

Prayer: Jeremiah 31:3 "Thank You, Lord, that You have loved me with an everlasting love and have drawn me with Your loving kindness."

Meditation: Read Psalm 27. Write out verses 9 & 10.

Observation: List all the requests the Psalmist asks of God. Though we may be rejected and forsaken by others, who will receive us (see v. 10)?

Application: Describe a time in your life when you felt rejected. How can this Psalm help you when you are feeling rejected?

Prayer: Ask God to help you focus on Him and His love for you rather than on those who have rejected you.

Day 3

Prayer: Ephesians 1:4 "Thank You, Lord, that You chose me before the creation of the world to be holy and blameless in Your sight."

Meditation: Read Isaiah 41:9-10.

Observation: What do these verses tell us that God has done for His people and will continue to do? What are we to do?

Application: How does it make you feel to realize that God has not rejected you? How should believing this truth affect your behavior?

Prayer: If you struggle with trusting God's acceptance of you, ask Him to help you believe this truth more and more.

Day 4

Prayer: Galatians 6:10 "Lord, help me as I have opportunity to do good to all people, especially to those who belong to the family of believers."

Meditation: Read Acts 10:34-35. Read the entire chapter to understand the context.

Observation: What did Peter realize about God? Who does God accept?

Application: How can these verses help you rest in God's acceptance of you as well as accept other believers?

Prayer: Ask God to make you willing to accept others who may be different from you.

Day 5

Prayer: I Corinthians 16:14 "Lord, help me do everything in love."

Meditation: Read Romans 15:5-7. Write out verse 7.

Observation: What does God give us? What are we told to do? Who is our example of accepting others?

Application: What is the ultimate goal in accepting others? Who in your life do you struggle with accepting? How can the endurance and encouragement that God gives help you accept your difficult person?

Prayer: Ask God to help you love and accept those in your life you struggle with just as He loves and accepts them.