

Prayerwalking

Prayerwalking is:

- Praying while walking. It may be as simple as praying while walking for exercise, or it may involve an organized effort to saturate a city or neighborhood with prayer. It may be as simple as praying for the needs of people, or it may be used to target areas that need an evangelistic witness.
- Intentional praying. It is setting aside a time to walk to pray. It is deliberate intercession for others.
- Praying with vision. Walking through an area enables a Christian to visualize what God wants to do in the lives of the people who live or work there. Seeing enhances the focus of our praying.
- Involvement in spiritual warfare. People without Jesus as their Savior are being held by Satan and need to be set free. Prayerwalking is offensive praying to attack these strongholds bombarding them with spiritual power through prayer.
- NOT an end in itself. Evangelistic prayerwalking is preparation for an evangelistic witness. The witness may come as a part of an organized effort, but it may also come as an encounter during the prayerwalk.

Prayer Prompts:

“And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him.” (1 John 5:15 ESV).

- Ask God to give you His eyes to see the community that way He does, and to give you better insight on how to pray for the community and people.
- Pray for God’s blessing over the homes, people, and businesses in the community.
- Ask God to help you have empathy for those in the community and what they experience everyday. Thank Him for the strengths of the people and community.
- Pray Scripture as you are able to. Praying God’s Word is a powerful tool against the enemy.
- Pray that God’s Spirit would speak to you about the needs in the community, and that He would also show you the good things He desired to do there. Pray in the power of Jesus’ name to push back the darkness.

Prayerwalking may also include:

- Walking alone and not as part of an organized effort. Anytime and anywhere you are walking, practice praying.

- Walking as families. Talk about it in advance and plan short, easy routes for small children.
- Walking through your work area. An office manager arrived early each Monday and prayed at every desk.
- Walking at school. Students may walk around their school and pray or walk the halls praying at classroom doors.
- If you’re not able to prayerwalk due to health or weather limitations, do a prayer drive in your vehicle through the community.